



The **HEART** of the community

Unit 4, Second Floor, Butetown Community Centre, Butetown, Cardiff CF10 5UZ

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Group Facilitator (Volunteer)

A great opportunity to develop your leadership and presentation skills as part of TMR's projects. You will have the opportunity to connect with a diverse community enabling you to facilitate activity or support groups reaching out and addressing mental health issues within the community.

Role description:

- Within TMR's Projects, there are group meetings and Peer participation groups. The facilitator will be responsible for providing training, advice and on-going guidance to the participants. The facilitator will work with a team of up to 10 participants (1:10 as a maximum ratio).
- Organise and facilitate weekly group meetings to discuss development ideas and to look at up-coming events and possible pressure points which their participants might be facing. This is likely to include any external training, workshops, community events, work experience placements, job applications etc.
- Have proper knowledge and understanding of safeguarding issues and ability to address them appropriately. This means not disclose any confidential information about their Mentees. They might ask for advice on networking and share any useful contacts they have made. Participants might identify specific areas where they would like more training.

PERSON SPECIFICATION

- Self-motivated
- Team player
- Organised
- Good interpersonal skills and professional manner
- Creative and flexible.



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Charity: 1149605

